

UCL Suicide Prevention Strategy and Action Plan

Introduction

At UCL, we are committed to the public health ideal of wellbeing and playing our role in community-based suicide prevention.

Suicide is a complex issue which can affect anyone. Following the publication of the [Camden and Islington Suicide Prevention Strategy and Action Plan 2022 - 2027](#), and Universities U.K guidance we felt it was important for UCL to follow other universities develop its own action plan to encompass both students and staff. We wanted to identify all areas, including strategies already in place, across the institution that impact and are impacted by suicide.

This strategy and action plan has a specific aim, to minimise deaths by suicide and attempted suicides (as far as is possible) within the UCL community and acknowledge this will feed into other UCL strategies.

Our approach to create this action plan was to initially bring together Student Support and Wellbeing, Workplace Health, to lead on the project. We then formed a wider Task and Finish group encompassing members from across the institution (including clinical academic staff, representatives from Estates, HR, EDI and UCL Arena) as well as other relevant external stakeholders (including Camden and Islington NHS Foundation Trust and Camden and Islington Public Health Directorate) to ensure diverse and informed input. The group placed an emphasis on the benefits of a whole University approach.

We are aware that duty of care varies depending on whether it is in relation to their staff or their students and that, whilst we have reviewed provisions, we know that not all actions will apply to both audiences. We have liaised with a variety of stakeholders to best ensure we are fulfilling our duty of care but also not stepping outside our remit. We plan to review this action plan on a termly basis, updating and amending as necessary.

Our key messages for this action plan mirror those in the Camden and Islington Public Health Suicide Prevention Strategy:

Goal